



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Adriaan BURGMANS

KOVZ

Omloop : H:03

Afstand : 5500m

Tijd : 1:09:41 (12'40"/km)

31/41

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Bob DE CLEENE | 0:36:12 |
| 2. Thomas JANSEN | 0:36:17 |
| 3. Rudy ROOMAN | 0:39:07 |

1.	106	00:04:03		400m	10'07"/km
2.	134	00:08:17	00:12:20	897m	9'14"/km
3.	112	00:03:12	00:15:32	324m	9'53"/km
4.	114	00:03:33	00:19:05	331m	10'44"/km
5.	115	00:01:16	00:20:21	90m	14'04"/km
6.	113	00:02:05	00:22:26	216m	9'39"/km
7.	119	00:02:09	00:24:35	262m	8'12"/km
8.	118	00:01:56	00:26:31	207m	9'20"/km
9.	122	00:01:21	00:27:52	143m	9'26"/km
10.	116	00:01:32	00:29:24	190m	8'04"/km
11.	162	00:01:54	00:31:18	156m	12'11"/km
12.	155	00:05:38	00:36:56	615m	9'10"/km
13.	152	00:02:57	00:39:53	282m	10'28"/km
14.	150	00:02:06	00:41:59	93m	22'35"/km
15.	146	00:01:50	00:43:49	189m	9'42"/km
16.	139	00:01:33	00:45:22	186m	8'20"/km
17.	158	00:04:55	00:50:17		
18.	137	00:01:33	00:51:50	170m	9'07"/km
19.	140	00:00:52	00:52:42	80m	10'50"/km
20.	159	00:01:51	00:54:33	248m	7'28"/km
21.	157	00:12:23	01:06:56		
22.	148	00:01:49	01:08:45	185m	9'49"/km
23.	220	00:00:32	01:09:17	84m	6'21"/km
24.	999	00:00:24	01:09:41	87m	4'36"/km

Orienteering Software