



Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Diego BOMBAERTS

LOST

Omloop : H:03

Afstand : 5500m

Tijd : 1:03:37 (11'34"/km)

28/41

O.K.

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- | | |
|------------------|---------|
| 1. Bob DE CLEENE | 0:36:12 |
| 2. Thomas JANSEN | 0:36:17 |
| 3. Rudy ROOMAN | 0:39:07 |

1.	106	00:04:01		400m	10'02"/km
2.	134	00:06:04	00:10:05	897m	6'46"/km
3.	112	00:02:22	00:12:27	324m	7'18"/km
4.	114	00:02:05	00:14:32	331m	6'18"/km
5.	115	00:03:33	00:18:05	90m	39'27"/km
6.	113	00:01:22	00:19:27	216m	6'20"/km
7.	119	00:01:31	00:20:58	262m	5'47"/km
8.	118	00:01:17	00:22:15	207m	6'12"/km
9.	122	00:02:55	00:25:10	143m	20'24"/km
10.	116	00:08:46	00:33:56	190m	46'08"/km
11.	162	00:01:44	00:35:40	156m	11'07"/km
12.	155	00:08:07	00:43:47	615m	13'12"/km
13.	152	00:03:28	00:47:15	282m	12'18"/km
14.	150	00:04:14	00:51:29	93m	45'31"/km
15.	146	00:01:22	00:52:51	189m	7'14"/km
16.	158	00:02:23	00:55:14	281m	8'29"/km
17.	137	00:01:14	00:56:28	170m	7'15"/km
18.	140	00:00:35	00:57:03	80m	7'18"/km
19.	157	00:03:08	01:00:11	217m	14'26"/km
20.	148	00:02:21	01:02:32	185m	12'42"/km
21.	220	00:00:53	01:03:25	84m	10'31"/km
22.	999	00:00:12	01:03:37	87m	2'18"/km

Orienteering Software