



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Bob DE CLERCQ

TROL

Omloop : H:03

Afstand : 5500m

Tijd : 0:48:21 (8'47"/km)

12/41

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Bob DE CLEENE | 0:36:12 |
| 2. Thomas JANSEN | 0:36:17 |
| 3. Rudy ROOMAN | 0:39:07 |

1.	106	00:03:50		400m	9'35"/km
2.	134	00:06:40	00:10:30	897m	7'26"/km
3.	112	00:02:28	00:12:58	324m	7'37"/km
4.	114	00:03:21	00:16:19	331m	10'07"/km
5.	115	00:00:45	00:17:04	90m	8'20"/km
6.	113	00:01:29	00:18:33	216m	6'52"/km
7.	119	00:01:46	00:20:19	262m	6'45"/km
8.	118	00:01:25	00:21:44	207m	6'51"/km
9.	122	00:01:59	00:23:43	143m	13'52"/km
10.	116	00:01:18	00:25:01	190m	6'51"/km
11.	162	00:01:38	00:26:39	156m	10'28"/km
12.	155	00:04:30	00:31:09	615m	7'19"/km
13.	152	00:02:14	00:33:23	282m	7'55"/km
14.	150	00:01:48	00:35:11	93m	19'21"/km
15.	146	00:01:32	00:36:43	189m	8'07"/km
16.	158	00:03:00	00:39:43	281m	10'41"/km
17.	137	00:01:23	00:41:06	170m	8'08"/km
18.	140	00:00:34	00:41:40	80m	7'05"/km
19.	157	00:01:25	00:43:05	217m	6'32"/km
20.	148	00:03:41	00:46:46	185m	19'55"/km
21.	144	00:00:36	00:47:22		
22.	220	00:00:40	00:48:02	87m	7'40"/km
23.	999	00:00:19	00:48:21	87m	3'38"/km

Orienteering Software