



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Erik VAN DYCK

TROL

Omloop : H:03

Afstand : 5500m

Tijd : 0:46:04 (8'23"/km)

10/41

O.K.

[Volledige uitslagen op Webres](#)

1. Bob DE CLEENE	0:36:12
2. Thomas JANSEN	0:36:17
3. Rudy ROOMAN	0:39:07

1.	106	00:03:41		400m	9'12"/km
2.	134	00:07:04	00:10:45	897m	7'53"/km
3.	112	00:02:22	00:13:07	324m	7'18"/km
4.	114	00:02:30	00:15:37	331m	7'33"/km
5.	115	00:00:49	00:16:26	90m	9'04"/km
6.	113	00:01:29	00:17:55	216m	6'52"/km
7.	119	00:01:48	00:19:43	262m	6'52"/km
8.	118	00:01:26	00:21:09	207m	6'55"/km
9.	122	00:01:05	00:22:14	143m	7'35"/km
10.	116	00:01:11	00:23:25	190m	6'14"/km
11.	162	00:01:27	00:24:52	156m	9'18"/km
12.	155	00:04:05	00:28:57	615m	6'38"/km
13.	152	00:02:02	00:30:59	282m	7'13"/km
14.	150	00:00:52	00:31:51	93m	9'19"/km
15.	146	00:01:25	00:33:16	189m	7'30"/km
16.	158	00:07:11	00:40:27	281m	25'34"/km
17.	137	00:01:19	00:41:46	170m	7'45"/km
18.	140	00:00:34	00:42:20	80m	7'05"/km
19.	157	00:01:23	00:43:43	217m	6'22"/km
20.	148	00:01:19	00:45:02	185m	7'07"/km
21.	220	00:00:37	00:45:39	84m	7'20"/km
22.	999	00:00:25	00:46:04	87m	4'47"/km

Orienteering Software