



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Rudi AERTS

Omega

Omloop : H:03

Afstand : 5500m

Tijd : 0:44:40 (8'07"/km)

7/41

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Bob DE CLEENE | 0:36:12 |
| 2. Thomas JANSEN | 0:36:17 |
| 3. Rudy ROOMAN | 0:39:07 |

1.	106	00:03:41		400m	9'12"/km
2.	134	00:07:18	00:10:59	897m	8'08"/km
3.	112	00:02:42	00:13:41	324m	8'20"/km
4.	114	00:02:20	00:16:01	331m	7'03"/km
5.	115	00:00:54	00:16:55	90m	10'00"/km
6.	113	00:01:35	00:18:30	216m	7'20"/km
7.	119	00:01:45	00:20:15	262m	6'41"/km
8.	118	00:01:34	00:21:49	207m	7'34"/km
9.	122	00:01:13	00:23:02	143m	8'30"/km
10.	116	00:01:40	00:24:42	190m	8'46"/km
11.	162	00:01:24	00:26:06	156m	8'58"/km
12.	155	00:04:20	00:30:26	615m	7'03"/km
13.	152	00:01:59	00:32:25	282m	7'02"/km
14.	150	00:01:10	00:33:35	93m	12'33"/km
15.	146	00:01:35	00:35:10	189m	8'23"/km
16.	158	00:03:04	00:38:14	281m	10'55"/km
17.	137	00:01:18	00:39:32	170m	7'39"/km
18.	140	00:00:42	00:40:14	80m	8'45"/km
19.	157	00:01:53	00:42:07	217m	8'41"/km
20.	148	00:01:38	00:43:45	185m	8'50"/km
21.	220	00:00:34	00:44:19	84m	6'45"/km
22.	999	00:00:21	00:44:40	87m	4'01"/km

Orienteering Software