



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Kris GEETS

hamok

Omloop : H:02

Afstand : 7010m

Tijd : 1:06:53 (9'32"/km)

31/47

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Aleksei MOROZOV | 0:39:38 |
| 2. Mats DE SMUL | 0:41:55 |
| 3. Wim VERVOORT | 0:46:01 |

1.	155	00:05:10		555m	9'19"/km
2.	128	00:06:12	00:11:22	794m	7'49"/km
3.	127	00:01:41	00:13:03	191m	8'49"/km
4.	134	00:03:54	00:16:57	592m	6'35"/km
5.	112	00:02:42	00:19:39	324m	8'20"/km
6.	115	00:02:45	00:22:24	392m	7'01"/km
7.	162	00:01:41	00:24:05	223m	7'33"/km
8.	123	00:02:07	00:26:12	277m	7'38"/km
9.	118	00:02:41	00:28:53	204m	13'09"/km
10.	117	00:01:30	00:30:23	111m	13'31"/km
11.	120	00:02:22	00:32:45	233m	10'09"/km
12.	121	00:01:10	00:33:55	158m	7'23"/km
13.	111	00:03:53	00:37:48	553m	7'01"/km
14.	125	00:03:36	00:41:24	519m	6'56"/km
15.	135	00:05:23	00:46:47	310m	17'22"/km
16.	153	00:02:15	00:49:02	274m	8'13"/km
17.	152	00:01:18	00:50:20	178m	7'18"/km
18.	146	00:02:56	00:53:16	271m	10'49"/km
19.	139	00:01:40	00:54:56	186m	8'58"/km
20.	140	00:04:32	00:59:28	155m	29'15"/km
21.	159	00:04:08	01:03:36	248m	16'40"/km
22.	220	00:02:55	01:06:31	175m	16'40"/km
23.	999	00:00:22	01:06:53	87m	4'13"/km

Orienteering Software