Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Benoît DEFRAIGNE
ASUB
Omloop : H:02
Afstand : 7010m
Tijd : 1:00:33 (8'38"/km)

24/47 O.K.

Volledige uitslagen op Webres

1. Aleksei MOROZOV 0:39:38
2. Mats DE SMUL 0:41:55
3. Wim VERVOORT 0:46:01

1.	155	00:05:17		555m	9'31"/km
2.	128	00:06:20	*00:11:37*	794m	7'59"/km
3.	127	00:01:31	*00:13:08*	191m	7'56"/km
4.	134	00:04:12	*00:17:20*	592m	7'06"/km
5.	112	00:02:25	*00:19:45*	324m	7'28"/km
6.	115	00:03:04	*00:22:49*	392m	7'49"/km
7.	162	00:01:59	*00:24:48*	223m	8'54"/km
8.	123	00:02:28	*00:27:16*	277m	8'54"/km
9.	118	00:04:09	*00:31:25*	204m	20'21"/km
10.	117	00:01:07	*00:32:32*	111m	10'04"/km
11.	120	00:02:01	*00:34:33*	233m	8'39"/km
12.	121	00:01:17	*00:35:50*	158m	8'07"/km
13.	111	00:04:12	*00:40:02*	553m	7'36"/km
14.	125	00:04:23	*00:44:25*	519m	8'27"/km
15.	135	00:02:43	*00:47:08*	310m	8'46"/km
16.	153	00:02:09	*00:49:17*	274m	7'51"/km
17.	152	00:01:51	*00:51:08*	178m	10'24"/km
18.	146	00:02:13	*00:53:21*	271m	8'11"/km
19.	139	00:02:07	*00:55:28*	186m	11'23"/km
20.	140	00:01:27	*00:56:55*	155m	9'21"/km
21.	159	00:01:59	*00:58:54*	248m	8'00"/km
22.	220	00:01:17	*01:00:11*	175m	7'20"/km
23.	999	00:00:22	*01:00:33*	87m	4'13"/km

Orienteering Software

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