



# Valentijn - Forest Cup - BUSF

## Lommel Sahara 12.2.2023

### K.O.L.

**Jan BOECKX**

Omega

Omloop : H:02

Afstand : 7010m

Tijd : 0:56:58 (8'08"/km)

**19/47**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Aleksei MOROZOV | 0:39:38 |
| 2. Mats DE SMUL    | 0:41:55 |
| 3. Wim VERVOORT    | 0:46:01 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 155 | 00:03:38 |          | 555m | 6'33"/km  |
| 2.  | 128 | 00:05:20 | 00:08:58 | 794m | 6'43"/km  |
| 3.  | 127 | 00:01:20 | 00:10:18 | 191m | 6'59"/km  |
| 4.  | 134 | 00:04:18 | 00:14:36 | 592m | 7'16"/km  |
| 5.  | 112 | 00:02:19 | 00:16:55 | 324m | 7'09"/km  |
| 6.  | 115 | 00:03:12 | 00:20:07 | 392m | 8'10"/km  |
| 7.  | 162 | 00:01:51 | 00:21:58 | 223m | 8'18"/km  |
| 8.  | 123 | 00:02:14 | 00:24:12 | 277m | 8'04"/km  |
| 9.  | 118 | 00:01:51 | 00:26:03 | 204m | 9'04"/km  |
| 10. | 117 | 00:00:49 | 00:26:52 | 111m | 7'21"/km  |
| 11. | 120 | 00:01:45 | 00:28:37 | 233m | 7'31"/km  |
| 12. | 121 | 00:01:11 | 00:29:48 | 158m | 7'29"/km  |
| 13. | 111 | 00:03:43 | 00:33:31 | 553m | 6'43"/km  |
| 14. | 125 | 00:04:27 | 00:37:58 | 519m | 8'34"/km  |
| 15. | 135 | 00:02:47 | 00:40:45 | 310m | 8'59"/km  |
| 16. | 153 | 00:03:08 | 00:43:53 | 274m | 11'26"/km |
| 17. | 152 | 00:03:53 | 00:47:46 | 178m | 21'49"/km |
| 18. | 146 | 00:02:05 | 00:49:51 | 271m | 7'41"/km  |
| 19. | 139 | 00:01:35 | 00:51:26 | 186m | 8'31"/km  |
| 20. | 140 | 00:01:25 | 00:52:51 | 155m | 9'08"/km  |
| 21. | 159 | 00:02:15 | 00:55:06 | 248m | 9'04"/km  |
| 22. | 220 | 00:01:28 | 00:56:34 | 175m | 8'23"/km  |
| 23. | 999 | 00:00:24 | 00:56:58 | 87m  | 4'36"/km  |

Orienteering Software