Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Ralph KURT
TROL
Omloop : H:02
Afstand : 7010m
Tijd : 0:56:49 (8'06"/km)

17/47 O.K.

Volledige uitslagen op Webres

1.	Aleksei MOROZOV	0:39:38
2.	Mats DE SMUL	0:41:55
3.	Wim VERVOORT	0:46:01

1.	155	00:04:15		555m	7'39"/km
2.	128	00:05:47	*00:10:02*	794m	7'17"/km
3.	127	00:01:34	*00:11:36*	191m	8'12"/km
4.	134	00:04:23	*00:15:59*	592m	7'24"/km
5.	112	00:02:27	*00:18:26*	324m	7'34"/km
6.	115	00:02:57	*00:21:23*	392m	7'32"/km
7.	162	00:02:45	*00:24:08*	223m	12'20"/km
8.	123	00:02:26	*00:26:34*	277m	8'47"/km
9.	118	00:01:40	*00:28:14*	204m	8'10"/km
10.	117	00:01:00	*00:29:14*	111m	9'01"/km
11.	120	00:01:56	*00:31:10*	233m	8'18"/km
12.	121	00:01:16	*00:32:26*	158m	8'01"/km
13.	111	00:04:10	*00:36:36*	553m	7'32"/km
14.	125	00:04:25	*00:41:01*	519m	8'31"/km
15.	135	00:02:18	*00:43:19*	310m	7'25"/km
16.	153	00:02:03	*00:45:22*	274m	7'29"/km
17.	152	00:01:19	*00:46:41*	178m	7'24"/km
18.	146	00:02:34	*00:49:15*	271m	9'28"/km
19.	139	00:01:43	*00:50:58*	186m	9'14"/km
20.	140	00:02:04	*00:53:02*	155m	13'20"/km
21.	159	00:02:05	*00:55:07*	248m	8'24"/km
22.	220	00:01:20	*00:56:27*	175m	7'37"/km
23.	999	00:00:22	*00:56:49*	87m	4'13"/km

Orienteering Software

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