



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Mats DE SMUL

Omega

Omloop : H:02

Afstand : 7010m

Tijd : 0:41:55 (5'59"/km)

2/47

O.K.

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- | | |
|--------------------|---------|
| 1. Aleksei MOROZOV | 0:39:38 |
| 3. Wim VERVOORT | 0:46:01 |

1.	155	00:03:50		555m	6'54"/km
2.	128	00:04:04	00:07:54	794m	5'07"/km
3.	127	00:00:58	00:08:52	191m	5'04"/km
4.	134	00:03:12	00:12:04	592m	5'24"/km
5.	112	00:01:56	00:14:00	324m	5'58"/km
6.	115	00:02:17	00:16:17	392m	5'49"/km
7.	162	00:01:22	00:17:39	223m	6'08"/km
8.	123	00:01:39	00:19:18	277m	5'57"/km
9.	118	00:01:26	00:20:44	204m	7'02"/km
10.	117	00:00:40	00:21:24	111m	6'00"/km
11.	120	00:01:21	00:22:45	233m	5'48"/km
12.	121	00:00:52	00:23:37	158m	5'29"/km
13.	111	00:02:55	00:26:32	553m	5'16"/km
14.	125	00:03:03	00:29:35	519m	5'53"/km
15.	135	00:01:58	00:31:33	310m	6'21"/km
16.	153	00:01:47	00:33:20	274m	6'31"/km
17.	152	00:01:32	00:34:52	178m	8'37"/km
18.	146	00:01:37	00:36:29	271m	5'58"/km
19.	139	00:01:04	00:37:33	186m	5'44"/km
20.	140	00:01:15	00:38:48	155m	8'04"/km
21.	159	00:01:21	00:40:09	248m	5'27"/km
22.	144	00:01:00	00:41:09		
23.	220	00:00:29	00:41:38	87m	5'33"/km
24.	999	00:00:17	00:41:55	87m	3'15"/km

Orienteering Software