



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Ludwig WILLEMS

TROL

Omloop : H:01

Afstand : 8830m

Tijd : 1:29:43 (10'10"/km)

27/31

O.K.

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- | | |
|----------------------|---------|
| 1. Evert LEEUWS | 0:43:47 |
| 2. Lennert LENS | 0:47:44 |
| 3. Adriaan PELCKMANS | 0:50:26 |

1.	109	00:05:20		516m	10'20"/km
2.	133	00:08:03	00:13:23	1128m	7'08"/km
3.	129	00:04:43	00:18:06	172m	27'25"/km
4.	132	00:04:32	00:22:38	514m	8'49"/km
5.	130	00:01:56	00:24:34	286m	6'46"/km
6.	128	00:03:16	00:27:50	441m	7'24"/km
7.	126	00:02:05	00:29:55	232m	8'59"/km
8.	112	00:07:22	00:37:17	646m	11'24"/km
9.	114	00:02:49	00:40:06	331m	8'31"/km
10.	162	00:01:50	00:41:56	207m	8'51"/km
11.	122	00:02:13	00:44:09	246m	9'01"/km
12.	118	00:01:40	00:45:49	143m	11'39"/km
13.	117	00:01:36	00:47:25	111m	14'25"/km
14.	119	00:01:20	00:48:45	133m	10'02"/km
15.	121	00:01:41	00:50:26	235m	7'10"/km
16.	111	00:03:58	00:54:24	553m	7'10"/km
17.	124	00:03:38	00:58:02	340m	10'41"/km
18.	106	00:05:16	01:03:18	594m	8'52"/km
19.	152	00:01:50	01:05:08	202m	9'05"/km
20.	156	00:01:18	01:06:26	229m	5'41"/km
21.	138	00:02:34	01:09:00	325m	7'54"/km
22.	137	00:03:33	01:12:33	138m	25'43"/km
23.	136	00:03:55	01:16:28	132m	29'40"/km
24.	159	00:02:29	01:18:57	235m	10'34"/km
25.	160	00:03:30	01:22:27	225m	15'33"/km
26.	149	00:03:11	01:25:38	159m	20'01"/km
27.	151	00:02:16	01:27:54	103m	22'00"/km
28.	220	00:01:29	01:29:23	173m	8'34"/km
29.	999	00:00:20	01:29:43	87m	3'50"/km

Orienteering Software