



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Thijs VAN HAM

hamok

Omloop : H:01

Afstand : 8830m

Tijd : 1:16:33 (8'40"/km)

24/31

O.K.

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- | | |
|----------------------|---------|
| 1. Evert LEEUWS | 0:43:47 |
| 2. Lennert LENS | 0:47:44 |
| 3. Adriaan PELCKMANS | 0:50:26 |

1.	109	00:04:23		516m	8'30"/km
2.	133	00:07:54	00:12:17	1128m	7'00"/km
3.	129	00:01:26	00:13:43	172m	8'20"/km
4.	132	00:03:39	00:17:22	514m	7'06"/km
5.	130	00:01:58	00:19:20	286m	6'53"/km
6.	128	00:03:14	00:22:34	441m	7'20"/km
7.	126	00:01:47	00:24:21	232m	7'41"/km
8.	112	00:04:37	00:28:58	646m	7'09"/km
9.	114	00:04:52	00:33:50	331m	14'42"/km
10.	162	00:01:46	00:35:36	207m	8'32"/km
11.	122	00:06:01	00:41:37	246m	24'27"/km
12.	118	00:01:10	00:42:47	143m	8'10"/km
13.	117	00:00:56	00:43:43	111m	8'25"/km
14.	119	00:01:12	00:44:55	133m	9'01"/km
15.	121	00:01:47	00:46:42	235m	7'35"/km
16.	111	00:04:28	00:51:10	553m	8'05"/km
17.	124	00:03:02	00:54:12	340m	8'55"/km
18.	106	00:04:11	00:58:23	594m	7'03"/km
19.	152	00:01:45	01:00:08	202m	8'40"/km
20.	156	00:01:23	01:01:31	229m	6'02"/km
21.	138	00:03:03	01:04:34	325m	9'23"/km
22.	137	00:01:06	01:05:40	138m	7'58"/km
23.	136	00:01:18	01:06:58	132m	9'51"/km
24.	159	00:02:03	01:09:01	235m	8'43"/km
25.	160	00:02:01	01:11:02	225m	8'58"/km
26.	149	00:02:04	01:13:06	159m	13'00"/km
27.	151	00:01:53	01:14:59	103m	18'17"/km
28.	220	00:01:19	01:16:18	173m	7'37"/km
29.	999	00:00:15	01:16:33	87m	2'52"/km

Orienteering Software