



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Nicolas SPILIERS

Antwerp Orienteers

Omloop : H:01

Afstand : 8830m

Tijd : 1:03:42 (7'13"/km)

18/31

O.K.

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- | | |
|----------------------|---------|
| 1. Evert LEEUWS | 0:43:47 |
| 2. Lennert LENS | 0:47:44 |
| 3. Adriaan PELCKMANS | 0:50:26 |

1.	109	00:04:08		516m	8'01"/km
2.	133	00:07:39	00:11:47	1128m	6'47"/km
3.	129	00:01:28	00:13:15	172m	8'32"/km
4.	132	00:03:25	00:16:40	514m	6'39"/km
5.	130	00:02:01	00:18:41	286m	7'03"/km
6.	128	00:02:46	00:21:27	441m	6'16"/km
7.	126	00:01:40	00:23:07	232m	7'11"/km
8.	112	00:04:22	00:27:29	646m	6'46"/km
9.	114	00:02:10	00:29:39	331m	6'33"/km
10.	162	00:01:30	00:31:09	207m	7'15"/km
11.	122	00:01:50	00:32:59	246m	7'27"/km
12.	118	00:01:02	00:34:01	143m	7'14"/km
13.	117	00:00:49	00:34:50	111m	7'21"/km
14.	119	00:01:15	00:36:05	133m	9'24"/km
15.	121	00:01:39	00:37:44	235m	7'01"/km
16.	111	00:03:43	00:41:27	553m	6'43"/km
17.	124	00:02:47	00:44:14	340m	8'11"/km
18.	106	00:04:14	00:48:28	594m	7'08"/km
19.	152	00:01:35	00:50:03	202m	7'50"/km
20.	156	00:01:31	00:51:34	229m	6'37"/km
21.	138	00:02:28	00:54:02	325m	7'35"/km
22.	137	00:01:05	00:55:07	138m	7'51"/km
23.	136	00:01:19	00:56:26	132m	9'58"/km
24.	159	00:01:43	00:58:09	235m	7'18"/km
25.	160	00:01:58	01:00:07	225m	8'44"/km
26.	149	00:01:17	01:01:24	159m	8'04"/km
27.	151	00:00:53	01:02:17	103m	8'35"/km
28.	220	00:01:02	01:03:19	173m	5'58"/km
29.	999	00:00:23	01:03:42	87m	4'24"/km

Orienteering Software