



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Gert GEBOERS

K.O.L.

Omloop : H:01

Afstand : 8830m

Tijd : 1:00:59 (6'54"/km)

14/31

O.K.

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- | | |
|----------------------|---------|
| 1. Evert LEEUWS | 0:43:47 |
| 2. Lennert LENS | 0:47:44 |
| 3. Adriaan PELCKMANS | 0:50:26 |

1.	109	00:03:20		516m	6'28"/km
2.	133	00:07:14	00:10:34	1128m	6'25"/km
3.	129	00:01:05	00:11:39	172m	6'18"/km
4.	132	00:03:22	00:15:01	514m	6'33"/km
5.	130	00:01:57	00:16:58	286m	6'49"/km
6.	128	00:02:59	00:19:57	441m	6'46"/km
7.	126	00:01:20	00:21:17	232m	5'45"/km
8.	112	00:04:24	00:25:41	646m	6'49"/km
9.	114	00:02:26	00:28:07	331m	7'21"/km
10.	162	00:01:25	00:29:32	207m	6'51"/km
11.	122	00:01:37	00:31:09	246m	6'34"/km
12.	118	00:01:03	00:32:12	143m	7'21"/km
13.	117	00:00:54	00:33:06	111m	8'06"/km
14.	119	00:00:55	00:34:01	133m	6'54"/km
15.	121	00:01:40	00:35:41	235m	7'06"/km
16.	111	00:03:42	00:39:23	553m	6'41"/km
17.	124	00:02:26	00:41:49	340m	7'09"/km
18.	106	00:04:04	00:45:53	594m	6'51"/km
19.	152	00:01:23	00:47:16	202m	6'51"/km
20.	156	00:01:21	00:48:37	229m	5'54"/km
21.	138	00:02:37	00:51:14	325m	8'03"/km
22.	137	00:01:05	00:52:19	138m	7'51"/km
23.	136	00:01:38	00:53:57	132m	12'22"/km
24.	159	00:01:45	00:55:42	235m	7'27"/km
25.	160	00:01:45	00:57:27	225m	7'47"/km
26.	149	00:01:14	00:58:41	159m	7'45"/km
27.	151	00:01:07	00:59:48	103m	10'50"/km
28.	220	00:00:57	01:00:45	173m	5'29"/km
29.	999	00:00:14	01:00:59	87m	2'41"/km

Orienteering Software