



# Valentijn - Forest Cup - BUSF

## Lommel Sahara 12.2.2023

### K.O.L.

**Jo LINTEN**

K.O.L.

Course : H:01

Distance : 8830m

Time : 0:51:55 (5'53"/km)

**5/31**

O.K.

[Full result on Webres](#)

|                      |         |
|----------------------|---------|
| 1. Evert LEEUWS      | 0:43:47 |
| 2. Lennert LENS      | 0:47:44 |
| 3. Adriaan PELCKMANS | 0:50:26 |

|     |     |          |          |       |          |
|-----|-----|----------|----------|-------|----------|
| 1.  | 109 | 00:03:16 |          | 516m  | 6'20"/km |
| 2.  | 133 | 00:05:40 | 00:08:56 | 1128m | 5'01"/km |
| 3.  | 129 | 00:01:00 | 00:09:56 | 172m  | 5'49"/km |
| 4.  | 132 | 00:02:53 | 00:12:49 | 514m  | 5'37"/km |
| 5.  | 130 | 00:01:40 | 00:14:29 | 286m  | 5'50"/km |
| 6.  | 128 | 00:02:19 | 00:16:48 | 441m  | 5'15"/km |
| 7.  | 126 | 00:01:19 | 00:18:07 | 232m  | 5'41"/km |
| 8.  | 112 | 00:03:48 | 00:21:55 | 646m  | 5'53"/km |
| 9.  | 114 | 00:01:53 | 00:23:48 | 331m  | 5'41"/km |
| 10. | 162 | 00:01:11 | 00:24:59 | 207m  | 5'43"/km |
| 11. | 122 | 00:01:59 | 00:26:58 | 246m  | 8'04"/km |
| 12. | 118 | 00:00:56 | 00:27:54 | 143m  | 6'32"/km |
| 13. | 117 | 00:00:42 | 00:28:36 | 111m  | 6'18"/km |
| 14. | 119 | 00:00:54 | 00:29:30 | 133m  | 6'46"/km |
| 15. | 121 | 00:01:15 | 00:30:45 | 235m  | 5'19"/km |
| 16. | 111 | 00:03:07 | 00:33:52 | 553m  | 5'38"/km |
| 17. | 124 | 00:02:15 | 00:36:07 | 340m  | 6'37"/km |
| 18. | 106 | 00:03:12 | 00:39:19 | 594m  | 5'23"/km |
| 19. | 152 | 00:01:10 | 00:40:29 | 202m  | 5'47"/km |
| 20. | 156 | 00:01:14 | 00:41:43 | 229m  | 5'23"/km |
| 21. | 138 | 00:02:24 | 00:44:07 | 325m  | 7'23"/km |
| 22. | 137 | 00:00:52 | 00:44:59 | 138m  | 6'17"/km |
| 23. | 136 | 00:01:01 | 00:46:00 | 132m  | 7'42"/km |
| 24. | 159 | 00:01:18 | 00:47:18 | 235m  | 5'32"/km |
| 25. | 160 | 00:01:25 | 00:48:43 | 225m  | 6'18"/km |
| 26. | 149 | 00:01:06 | 00:49:49 | 159m  | 6'55"/km |
| 27. | 151 | 00:00:56 | 00:50:45 | 103m  | 9'04"/km |
| 28. | 220 | 00:00:53 | 00:51:38 | 173m  | 5'06"/km |
| 29. | 999 | 00:00:17 | 00:51:55 | 87m   | 3'15"/km |

Orienteering Software