



Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Hilda WITTERS

Indiv.

Omloop : D:Long Easy

Afstand : 5580m

Tijd : 3:29:57 (37'38"/km)

1/1

O.K.

[Volledige uitslagen op Webres](#)

1.	106	00:13:34		400m	33'55"/km
2.	125	00:06:44	00:20:18	377m	17'52"/km
3.	111	00:12:38	00:32:56	519m	24'21"/km
4.	114	00:05:59	00:38:55	169m	35'24"/km
5.	113	00:07:21	00:46:16	237m	31'01"/km
6.	121	00:04:55	00:51:11	217m	22'39"/km
7.	120	00:02:25	00:53:36	158m	15'18"/km
8.	117	00:10:21	01:03:57	233m	44'25"/km
9.	118	00:03:04	01:07:01	111m	27'38"/km
10.	122	00:03:05	01:10:06	143m	21'34"/km
11.	105	00:14:37	01:24:43	503m	29'04"/km
12.	155	00:21:10	01:45:53	366m	57'50"/km
13.	146	00:13:49	01:59:42	429m	32'12"/km
14.	157	00:15:40	02:15:22	296m	52'56"/km
15.	136	00:20:38	02:36:00	180m	114'38"/km
16.	158	00:08:30	02:44:30	300m	28'20"/km
17.	156	00:07:53	02:52:23	345m	22'51"/km
18.	152	00:27:39	03:20:02	229m	120'45"/km
19.	151	00:05:29	03:25:31	110m	49'51"/km
20.	220	00:03:06	03:28:37	173m	17'55"/km
21.	999	00:01:16	03:29:53	87m	14'34"/km

Orienteering Software