



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Sonja NIJS

Omega

Omloop : D:04

Afstand : 4190m

Tijd : 1:12:23 (17'17"/km)

16/22

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Els PUT | 0:38:56 |
| 2. Kristel MERTENS | 0:39:04 |
| 3. Annemie JANSEN | 0:40:59 |

1.	105	00:05:41		320m	17'46"/km
2.	122	00:06:00	00:11:41	503m	11'56"/km
3.	118	00:01:47	00:13:28	143m	12'28"/km
4.	117	00:01:35	00:15:03	111m	14'16"/km
5.	116	00:03:57	00:19:00	177m	22'19"/km
6.	115	00:01:26	00:20:26	96m	14'56"/km
7.	111	00:03:15	00:23:41	259m	12'33"/km
8.	125	00:05:44	00:29:25	519m	11'03"/km
9.	152	00:16:34	00:45:59	557m	29'45"/km
10.	151	00:02:38	00:48:37	110m	23'56"/km
11.	146	00:02:27	00:51:04	179m	13'41"/km
12.	141	00:07:47	00:58:51	201m	38'43"/km
13.	140	00:01:45	01:00:36	125m	14'00"/km
14.	138	00:03:50	01:04:26	183m	20'57"/km
15.	149	00:04:20	01:08:46	316m	13'43"/km
16.	148	00:02:21	01:11:07	225m	10'27"/km
17.	220	00:00:46	01:11:53	84m	9'08"/km
18.	999	00:00:30	01:12:23	87m	5'45"/km

Orienteering Software