Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Sonja NIJS
Omega
Omloop : D:04
Afstand : 4190m
Tijd : 1:12:23 (17'17"/km)

16/22 O.K.

Volledige uitslagen op Webres

1.	Els PUT	0:38:56
2.	Kristel MERTENS	0:39:04
3.	Annemie JANSEN	0:40:59

1.	105	00:05:41		320m	17'46"/km
2.	122	00:06:00	*00:11:41*	503m	11'56"/km
3.	118	00:01:47	*00:13:28*	143m	12'28"/km
4.	117	00:01:35	*00:15:03*	111m	14'16"/km
5.	116	00:03:57	*00:19:00*	177m	22'19"/km
6.	115	00:01:26	*00:20:26*	96m	14'56"/km
7.	111	00:03:15	*00:23:41*	259m	12'33"/km
8.	125	00:05:44	*00:29:25*	519m	11'03"/km
9.	152	00:16:34	*00:45:59*	557m	29'45"/km
10.	151	00:02:38	*00:48:37*	110m	23'56"/km
11.	146	00:02:27	*00:51:04*	179m	13'41"/km
12.	141	00:07:47	*00:58:51*	201m	38'43"/km
13.	140	00:01:45	*01:00:36*	125m	14'00"/km
14.	138	00:03:50	*01:04:26*	183m	20'57"/km
15.	149	00:04:20	*01:08:46*	316m	13'43"/km
16.	148	00:02:21	*01:11:07*	225m	10'27"/km
17.	220	00:00:46	*01:11:53*	84m	9'08"/km
18.	999	00:00:30	*01:12:23*	87m	5'45"/km

Orienteering Software

© HELGA Orienteering Software - www.HELGA-O.com