



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Annemie JANSEN

K.O.L.

Omloop : D:04

Afstand : 4190m

Tijd : 0:40:59 (9'47"/km)

3/22

O.K.

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- | | |
|--------------------|---------|
| 1. Els PUT | 0:38:56 |
| 2. Kristel MERTENS | 0:39:04 |

1.	105	00:03:46		320m	11'46"/km
2.	122	00:04:41	00:08:27	503m	9'19"/km
3.	118	00:01:39	00:10:06	143m	11'32"/km
4.	117	00:01:06	00:11:12	111m	9'55"/km
5.	116	00:01:35	00:12:47	177m	8'57"/km
6.	115	00:00:46	00:13:33	96m	7'59"/km
7.	111	00:02:21	00:15:54	259m	9'04"/km
8.	125	00:05:24	00:21:18	519m	10'24"/km
9.	152	00:04:56	00:26:14	557m	8'51"/km
10.	151	00:02:27	00:28:41	110m	22'16"/km
11.	146	00:01:31	00:30:12	179m	8'28"/km
12.	141	00:01:53	00:32:05	201m	9'22"/km
13.	140	00:01:13	00:33:18	125m	9'44"/km
14.	138	00:02:21	00:35:39	183m	12'50"/km
15.	149	00:02:49	00:38:28	316m	8'55"/km
16.	148	00:01:30	00:39:58	225m	6'40"/km
17.	220	00:00:34	00:40:32	84m	6'45"/km
18.	999	00:00:27	00:40:59	87m	5'10"/km

Orienteering Software