



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Ellen HOUBEN

hamok

Omloop : D:03

Afstand : 5500m

Tijd : 1:01:40 (11'13"/km)

10/26

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Maija TAILLIEU | 0:46:59 |
| 2. Ellen MOLS | 0:47:20 |
| 3. Lieke VAN OPSTAL | 0:47:21 |

1.	106	00:04:06		400m	10'15"/km
2.	134	00:08:01	00:12:07	897m	8'56"/km
3.	112	00:02:37	00:14:44	324m	8'05"/km
4.	114	00:02:57	00:17:41	331m	8'55"/km
5.	115	00:00:56	00:18:37	90m	10'22"/km
6.	113	00:01:41	00:20:18	216m	7'48"/km
7.	119	00:02:26	00:22:44	262m	9'17"/km
8.	118	00:01:31	00:24:15	207m	7'20"/km
9.	122	00:07:07	00:31:22	143m	49'46"/km
10.	116	00:04:11	00:35:33	190m	22'01"/km
11.	162	00:03:05	00:38:38	156m	19'46"/km
12.	155	00:04:35	00:43:13	615m	7'27"/km
13.	152	00:02:36	00:45:49	282m	9'13"/km
14.	150	00:03:52	00:49:41	93m	41'35"/km
15.	146	00:01:42	00:51:23	189m	9'00"/km
16.	158	00:03:32	00:54:55	281m	12'34"/km
17.	137	00:01:44	00:56:39	170m	10'12"/km
18.	140	00:00:39	00:57:18	80m	8'08"/km
19.	157	00:01:57	00:59:15	217m	8'59"/km
20.	148	00:01:26	01:00:41	185m	7'45"/km
21.	220	00:00:38	01:01:19	84m	7'32"/km
22.	999	00:00:21	01:01:40	87m	4'01"/km

Orienteering Software