



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Liesbeth VAN DE VELDE

Omega

Omloop : D:03

Afstand : 5500m

Tijd : 0:51:56 (9'27"/km)

6/26

O.K.

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- | | |
|---------------------|---------|
| 1. Maija TAILLIEU | 0:46:59 |
| 2. Ellen MOLS | 0:47:20 |
| 3. Lieke VAN OPSTAL | 0:47:21 |

1.	106	00:03:46		400m	9'25"/km
2.	134	00:09:35	00:13:21	897m	10'41"/km
3.	112	00:02:16	00:15:37	324m	7'00"/km
4.	114	00:02:34	00:18:11	331m	7'45"/km
5.	115	00:00:55	00:19:06	90m	10'11"/km
6.	113	00:02:24	00:21:30	216m	11'07"/km
7.	119	00:03:12	00:24:42	262m	12'13"/km
8.	118	00:02:45	00:27:27	207m	13'17"/km
9.	122	00:01:51	00:29:18	143m	12'56"/km
10.	116	00:01:47	00:31:05	190m	9'23"/km
11.	162	00:01:26	00:32:31	156m	9'11"/km
12.	155	00:04:18	00:36:49	615m	7'00"/km
13.	152	00:01:59	00:38:48	282m	7'02"/km
14.	150	00:00:57	00:39:45	93m	10'13"/km
15.	146	00:01:32	00:41:17	189m	8'07"/km
16.	158	00:03:55	00:45:12	281m	13'56"/km
17.	137	00:01:40	00:46:52	170m	9'48"/km
18.	140	00:00:42	00:47:34	80m	8'45"/km
19.	157	00:01:39	00:49:13	217m	7'36"/km
20.	148	00:01:38	00:50:51	185m	8'50"/km
21.	220	00:00:41	00:51:32	84m	8'08"/km
22.	999	00:00:24	00:51:56	87m	4'36"/km

Orienteering Software