



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Lieke VAN OPSTAL

K.O.L.

Omloop : D:03

Afstand : 5500m

Tijd : 0:47:21 (8'37"/km)

3/26

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Maija TAILLIEU | 0:46:59 |
| 2. Ellen MOLS | 0:47:20 |

1.	106	00:03:42		400m	9'15"/km
2.	134	00:06:53	00:10:35	897m	7'40"/km
3.	112	00:02:37	00:13:12	324m	8'05"/km
4.	114	00:02:22	00:15:34	331m	7'09"/km
5.	115	00:01:01	00:16:35	90m	11'18"/km
6.	113	00:01:50	00:18:25	216m	8'29"/km
7.	119	00:02:03	00:20:28	262m	7'49"/km
8.	118	00:01:34	00:22:02	207m	7'34"/km
9.	122	00:01:17	00:23:19	143m	8'58"/km
10.	116	00:01:19	00:24:38	190m	6'56"/km
11.	162	00:01:29	00:26:07	156m	9'31"/km
12.	155	00:04:33	00:30:40	615m	7'24"/km
13.	152	00:02:18	00:32:58	282m	8'09"/km
14.	150	00:01:38	00:34:36	93m	17'34"/km
15.	146	00:01:34	00:36:10	189m	8'17"/km
16.	158	00:02:33	00:38:43	281m	9'04"/km
17.	137	00:01:19	00:40:02	170m	7'45"/km
18.	140	00:00:37	00:40:39	80m	7'43"/km
19.	157	00:03:21	00:44:00	217m	15'26"/km
20.	148	00:02:29	00:46:29	185m	13'25"/km
21.	220	00:00:32	00:47:01	84m	6'21"/km
22.	999	00:00:20	00:47:21	87m	3'50"/km

Orienteering Software