



Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Laurine HERMAN

ASUB

Omloop : D:02

Afstand : 7010m

Tijd : 0:50:48 (7'15"/km)

4/21

O.K.

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- | | |
|---------------------|---------|
| 1. Tille DE SMUL | 0:41:34 |
| 2. Anna SERRALLONGA | 0:42:20 |
| 3. Greet OEYEN | 0:45:25 |

1.	155	00:04:13		555m	7'36"/km
2.	128	00:05:10	00:09:23	794m	6'30"/km
3.	127	00:01:23	00:10:46	191m	7'15"/km
4.	134	00:04:36	00:15:22	592m	7'46"/km
5.	112	00:02:20	00:17:42	324m	7'12"/km
6.	115	00:02:35	00:20:17	392m	6'35"/km
7.	162	00:01:52	00:22:09	223m	8'22"/km
8.	123	00:02:08	00:24:17	277m	7'42"/km
9.	118	00:01:51	00:26:08	204m	9'04"/km
10.	117	00:00:56	00:27:04	111m	8'25"/km
11.	120	00:01:45	00:28:49	233m	7'31"/km
12.	121	00:01:03	00:29:52	158m	6'39"/km
13.	111	00:03:55	00:33:47	553m	7'05"/km
14.	125	00:03:57	00:37:44	519m	7'37"/km
15.	135	00:02:03	00:39:47	310m	6'37"/km
16.	153	00:01:49	00:41:36	274m	6'38"/km
17.	152	00:01:05	00:42:41	178m	6'05"/km
18.	146	00:02:00	00:44:41	271m	7'23"/km
19.	139	00:01:26	00:46:07	186m	7'42"/km
20.	140	00:01:12	00:47:19	155m	7'45"/km
21.	159	00:02:06	00:49:25	248m	8'28"/km
22.	220	00:01:08	00:50:33	175m	6'29"/km
23.	999	00:00:15	00:50:48	87m	2'52"/km

Orienteering Software