



CRISTALINA-GO

1º Percurso treino do COSEC - 2023
FAZ.SONHO DOURADO CRISTALINA 12.2.2023
Clube de Orientação Serra dos Cristais

Caroline Gaudencio Da Silva

FODF

Percurso : D Adulto B

Distancia : 2300m (Desnivel 60m)

Tempo : 1:03:27 (27'35"/km)

8/9

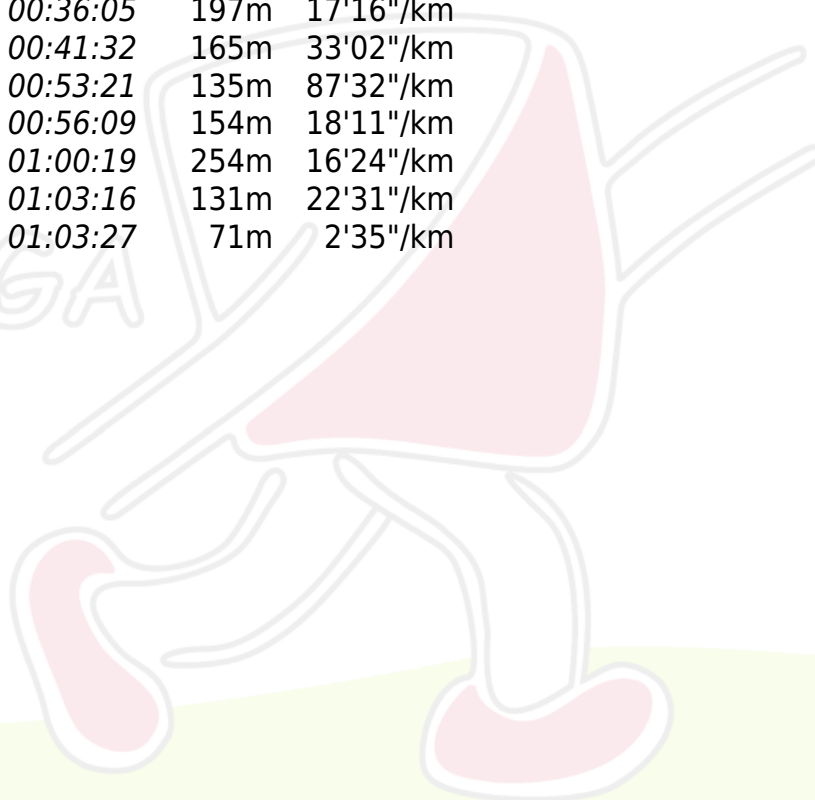
O.K.

[Resultados completos em Webres](#)

1. Viviane Diniz Carvalho 0:32:30
2. Karla Maria Silva De Faria 0:34:43
3. Ludmilla Borges E Azevedo 0:36:42

1.	33	00:03:09		111m	28'23"/km
2.	35	00:03:55	00:07:04	93m	42'07"/km
3.	37	00:03:27	00:10:31	254m	13'35"/km
4.	40	00:12:06	00:22:37	231m	52'23"/km
5.	51	00:01:36	00:24:13	115m	13'55"/km
6.	41	00:01:58	00:26:11	160m	12'17"/km
7.	49	00:06:30	00:32:41	193m	33'41"/km
8.	53	00:03:24	00:36:05	197m	17'16"/km
9.	55	00:05:27	00:41:32	165m	33'02"/km
10.	54	00:11:49	00:53:21	135m	87'32"/km
11.	53	00:02:48	00:56:09	154m	18'11"/km
12.	31	00:04:10	01:00:19	254m	16'24"/km
13.	52	00:02:57	01:03:16	131m	22'31"/km
14.	999	00:00:11	01:03:27	71m	2'35"/km

HELGA



Orienteering Software