



VK Aflossing (Wisselbeker Gilbert Staepelaere)

Gentbrugse Meersen 5.2.2023

TROL

Lennert LENS

hamok

Omloop : Aflossing (#1)

Tijd : 0:34:48 (6'13"/km)

4/44

O.K.

[Volledige uitslagen op Webres](#)

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|----------------|---------|
| 1. OMEGA 5 FAM | 1:30:33 |
| 2. TROL 5 | 1:34:18 |
| 3. TROL 1 | 1:36:24 |

1.	31	00:01:04		136m	7'51"/km
2.	32	00:00:12	00:01:16		
3.	50	00:00:45	00:02:01	157m	4'47"/km
4.	48	00:00:34	00:02:35	151m	3'45"/km
5.	45	00:00:58	00:03:33	115m	8'24"/km
6.	34	00:00:24	00:03:57	68m	5'53"/km
7.	35	00:00:38	00:04:35	113m	5'36"/km
8.	37	00:01:14	00:05:49	241m	5'07"/km
9.	38	00:00:45	00:06:34	121m	6'12"/km
10.	39	00:01:03	00:07:37	129m	8'08"/km
11.	41	00:01:15	00:08:52	103m	12'08"/km
12.	43	00:00:34	00:09:26	96m	5'54"/km
13.	42	00:00:48	00:10:14	143m	5'36"/km
14.	52	00:00:54	00:11:08	144m	6'15"/km
15.	53	00:00:54	00:12:02	143m	6'18"/km
16.	56	00:01:12	00:13:14	284m	4'14"/km
17.	58	00:01:10	00:14:24	201m	5'48"/km
18.	60	00:01:42	00:16:06	124m	13'43"/km
19.	61	00:00:29	00:16:35	92m	5'15"/km
20.	62	00:00:51	00:17:26	171m	4'58"/km
21.	63	00:00:29	00:17:55	100m	4'50"/km
22.	65	00:01:38	00:19:33	339m	4'49"/km
23.	67	00:02:46	00:22:19	326m	8'29"/km
24.	68	00:01:36	00:23:55	282m	5'40"/km
25.	80	00:01:40	00:25:35	278m	6'00"/km
26.	71	00:00:46	00:26:21	99m	7'45"/km
27.	81	00:02:57	00:29:18	568m	5'12"/km
28.	82	00:01:07	00:30:25	104m	10'44"/km
29.	84	00:01:55	00:32:20	217m	8'50"/km
30.	87	00:00:43	00:33:03	106m	6'46"/km
31.	88	00:00:52	00:33:55	149m	5'49"/km
32.	89	00:00:32	00:34:27	76m	7'01"/km
33.	999	00:00:21	00:34:48	113m	3'06"/km