



VK Aflossing (Wisselbeker Gilbert Staepelaere)

Gentbrugse Meersen 5.2.2023

TROL

Claudia ROOMAN

Antwerp Orienteers

Omloop : Aflossing (#3)

Tijd : 0:40:48 (7'17"/km)

4/44

O.K.

[Volledige uitslagen op Webres](#)

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|----------------|---------|
| 1. OMEGA 5 FAM | 1:30:33 |
| 2. TROL 5 | 1:34:18 |
| 3. TROL 1 | 1:36:24 |

1.	32	00:01:41		165m	10'12"/km
2.	50	00:00:56	00:02:37	157m	5'57"/km
3.	48	00:00:48	00:03:25	151m	5'18"/km
4.	46	00:00:41	00:04:06	102m	6'42"/km
5.	34	00:00:28	00:04:34	60m	7'47"/km
6.	35	00:00:56	00:05:30	113m	8'16"/km
7.	37	00:01:36	00:07:06	241m	6'38"/km
8.	38	00:00:50	00:07:56	121m	6'53"/km
9.	39	00:00:54	00:08:50	129m	6'59"/km
10.	40	00:00:49	00:09:39	79m	10'20"/km
11.	43	00:01:03	00:10:42	145m	7'14"/km
12.	42	00:01:02	00:11:44	143m	7'14"/km
13.	52	00:01:18	00:13:02	144m	9'02"/km
14.	54	00:00:54	00:13:56	157m	5'44"/km
15.	56	00:01:16	00:15:12	238m	5'19"/km
16.	58	00:01:33	00:16:45	201m	7'43"/km
17.	59	00:01:00	00:17:45	105m	9'31"/km
18.	61	00:00:59	00:18:44	131m	7'30"/km
19.	62	00:01:07	00:19:51	171m	6'32"/km
20.	63	00:00:46	00:20:37	100m	7'40"/km
21.	66	00:02:26	00:23:03	367m	6'38"/km
22.	67	00:03:11	00:26:14	344m	9'15"/km
23.	68	00:01:45	00:27:59	282m	6'12"/km
24.	80	00:02:22	00:30:21	278m	8'31"/km
25.	69	00:01:34	00:31:55	227m	6'54"/km
26.	81	00:03:29	00:35:24	448m	7'47"/km
27.	82	00:01:04	00:36:28	104m	10'15"/km
28.	85	00:01:08	00:37:36	180m	6'18"/km
29.	87	00:00:58	00:38:34	133m	7'16"/km
30.	88	00:01:04	00:39:38	149m	7'10"/km
31.	89	00:00:42	00:40:20	76m	9'13"/km
32.	999	00:00:28	00:40:48	113m	4'08"/km