



VK Aflossing (Wisselbeker Gilbert Staepelaere)

Gentbrugse Meersen 5.2.2023

TROL

Ems DE SMUL

Omega

Omloop : Aflossing (#3)

Tijd : 0:36:14 (6'28"/km)

1/44

O.K.

[Volledige uitslagen op Webres](#)

1. OMEGA 5 FAM	1:30:33
2. TROL 5	1:34:18
3. TROL 1	1:36:24

1.	33	00:01:24		157m	8'55"/km
2.	51	00:00:51	00:02:15	126m	6'45"/km
3.	48	00:00:38	00:02:53	119m	5'19"/km
4.	45	00:00:43	00:03:36	115m	6'14"/km
5.	34	00:00:28	00:04:04	68m	6'52"/km
6.	35	00:00:43	00:04:47	113m	6'21"/km
7.	37	00:01:26	00:06:13	241m	5'57"/km
8.	38	00:01:02	00:07:15	121m	8'32"/km
9.	39	00:00:54	00:08:09	129m	6'59"/km
10.	44	00:00:48	00:08:57	110m	7'16"/km
11.	43	00:00:46	00:09:43	140m	5'29"/km
12.	42	00:00:51	00:10:34	143m	5'57"/km
13.	52	00:00:54	00:11:28	144m	6'15"/km
14.	53	00:00:50	00:12:18	143m	5'50"/km
15.	56	00:01:27	00:13:45	284m	5'06"/km
16.	58	00:01:24	00:15:09	201m	6'58"/km
17.	60	00:00:47	00:15:56	124m	6'19"/km
18.	61	00:00:37	00:16:33	92m	6'42"/km
19.	62	00:00:56	00:17:29	171m	5'27"/km
20.	63	00:00:34	00:18:03	100m	5'40"/km
21.	65	00:01:54	00:19:57	339m	5'36"/km
22.	67	00:02:55	00:22:52	326m	8'57"/km
23.	68	00:01:40	00:24:32	282m	5'55"/km
24.	80	00:02:14	00:26:46	278m	8'02"/km
25.	71	00:00:54	00:27:40	99m	9'05"/km
26.	81	00:03:27	00:31:07	568m	6'04"/km
27.	82	00:01:00	00:32:07	104m	9'37"/km
28.	84	00:01:14	00:33:21	217m	5'41"/km
29.	87	00:00:42	00:34:03	106m	6'36"/km
30.	88	00:01:04	00:35:07	149m	7'10"/km
31.	89	00:00:37	00:35:44	76m	8'07"/km
32.	999	00:00:30	00:36:14	113m	4'25"/km