



TRAIL RUN F5 - ETAPA 1
COQUEIRO SECO - AL 5.2.2023
TRAIL RUN F5

Corre Paixão / Vagno Santana

Treinonde equipes josefa de melo

Course : 12 KM DUPLA MASCULINA

Distance : 12000m (Climbing 220m)

Time : 1:01:58,531 (5'10"/km)

1/9

O.K.

[Full result on Webres](#)

2. Ariel E Cloves	1:09:00,835
3. Denes / Arthur Rebêlo	1:12:33,835

1.	71	00:04:15		1040m	4'05"/km	IGREJA
2.	73	00:26:36	00:30:51	4770m	5'35"/km	TRILHA CANA-MATA 12KM
3.	74	00:24:38	00:55:29	5000m	4'56"/km	ENCONTRO DE CATEGORIAS - RETORNO
4.	999	00:06:29	01:01:58	1400m	4'38"/km	CHEGADA

HELGA



Orienteering Software