



TRAIL RUN F5 - ETAPA 1
COQUEIRO SECO - AL 5.2.2023
TRAIL RUN F5

Carla E Kayo

Inspire

Course : 6 KM DUPLA MISTA

Distance : 6790m (Climbing 165m)

Time : 0:54:18,929 (8'00"/km)

6/12

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------------|-------------|
| 1. Jackson Miranda / Cinthia Miranda | 0:37:47,703 |
| 2. Pinheiro Neto / Greicy Kelly | 0:39:53,234 |
| 3. Deninho / Luciene Rocha | 0:40:30,367 |

1.	71	00:07:25		1040m	7'08"/km	IGREJA
2.	74	00:36:28	00:43:53	3390m	10'45"/km	ENCONTRO DE CATEGORIAS - RETORNO
3.	999	00:10:25	00:54:18	1400m	7'26"/km	CHEGADA

HELGA



Orienteering Software