



TRAIL RUN F5 - ETAPA 1
COQUEIRO SECO - AL 5.2.2023
TRAIL RUN F5

Eliabio

VIDA CORRIDA

Course : 6 KM SOLO MASCULINO 30-39

Distance : 6790m (Climbing 165m)

Time : 0:58:07,601 (8'34"/km)

26/31

O.K.

[Full result on Webres](#)

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|--------------------|-------------|
| 1. Tiago Braga | 0:32:02,171 |
| 2. Elialdo Balbino | 0:32:34,234 |
| 3. Ruan Barros | 0:34:57,406 |

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|----|-----|----------|----------|-------|-----------|----------------------------------|
| 1. | 71 | 00:09:21 | | 1040m | 8'59"/km | IGREJA |
| 2. | 74 | 00:38:33 | 00:47:54 | 3390m | 11'22"/km | ENCONTRO DE CATEGORIAS - RETORNO |
| 3. | 999 | 00:10:13 | 00:58:07 | 1400m | 7'18"/km | CHEGADA |

HELGA



Orienteering Software