



TRAIL RUN F5 - ETAPA 1
COQUEIRO SECO - AL 5.2.2023
TRAIL RUN F5

Samys E Mônica

Caldo Fitnes

Course : 6 KM DUPLA MISTA

Distance : 6790m (Climbing 165m)

Time : 1:08:12,734 (10'03"/km)

10/12

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------------|-------------|
| 1. Jackson Miranda / Cinthia Miranda | 0:37:47,703 |
| 2. Pinheiro Neto / Greicy Kelly | 0:39:53,234 |
| 3. Deninho / Luciene Rocha | 0:40:30,367 |

1.	71	00:09:23		1040m	9'01"/km	IGREJA
2.	74	00:47:59	00:57:22	3390m	14'09"/km	ENCONTRO DE CATEGORIAS - RETORNO
3.	999	00:10:50	01:08:12	1400m	7'44"/km	CHEGADA

HELGA



Orienteering Software