



TRAIL RUN F5 - ETAPA 1
COQUEIRO SECO - AL 5.2.2023
TRAIL RUN F5

Rufino / Katia Maria

PALMARINOS AVENTUREIROS

Course : 6 KM DUPLA MISTA

Distance : 6790m (Climbing 165m)

Time : 1:07:44,078 (9'59"/km)

8/12

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------------|-------------|
| 1. Jackson Miranda / Cinthia Miranda | 0:37:47,703 |
| 2. Pinheiro Neto / Greicy Kelly | 0:39:53,234 |
| 3. Deninho / Luciene Rocha | 0:40:30,367 |

1.	71	00:09:19		1040m	8'57"/km	IGREJA
2.	74	00:46:52	00:56:11	3390m	13'49"/km	ENCONTRO DE CATEGORIAS - RETORNO
3.	999	00:11:33	01:07:44	1400m	8'15"/km	CHEGADA

HELGA



Orienteering Software