CO LIEGE

Régionale 9 parcours
Nomont 29.1.2023
CO Liège

William TONNEAU
OLV Eifel
Circuit : H:Noir très long
Distance : 9700m (Dénivelé 215m)
Temps : 2:13:42 (13'47"/km)

11/16 O.K.

Résultats complets sur Webres

1. Mathis BROUWIER 1:16:33
2. Renaud VAN WETTER 1:29:52
3. Jean-François FAUCONNIER 1:32:20

1.	153	00:01:51		276m	6'42"/km
2.	114	00:02:15	*00:04:06*	195m	11'32"/km
3.	115	00:03:50	*00:07:56*	401m	9'34"/km
4.	111	00:02:17	*00:10:13*	126m	18'07"/km
5.	116	00:04:37	*00:14:50*	328m	14'05"/km
6.	117	00:02:12	*00:17:02*	255m	8'38"/km
7.	118	00:03:10	*00:20:12*	281m	11'16"/km
8.	119	00:03:51	*00:24:03*	573m	6'43"/km
9.	120	00:02:37	*00:26:40*	319m	8'12"/km
10.	124	00:05:02	*00:31:42*	326m	15'26"/km
11.	137	00:01:05	*00:32:47*	151m	7'10"/km
12.	136	00:02:22	*00:35:09*	177m	13'22"/km
13.	130	00:02:56	*00:38:05*	236m	12'26"/km
14.	121	00:01:45	*00:39:50*	201m	8'42"/km
15.	126	00:03:48	*00:43:38*	378m	10'03"/km
16.	131	00:03:29	*00:47:07*	308m	11'19"/km
17.	133	00:01:48	*00:48:55*	83m	21'41"/km
18.	150	00:03:38	*00:52:33*	284m	12'48"/km
19.	122	00:03:03	*00:55:36*	263m	11'36"/km
20.	110	00:04:18	*00:59:54*	524m	8'12"/km
21.	140	00:04:56	*01:04:50*	502m	9'50"/km
22.	149	00:03:45	*01:08:35*	233m	16'06"/km
23.	141	00:01:29	*01:10:04*	81m	18'19"/km
24.	142	00:03:09	*01:13:13*	293m	10'45"/km
25.	143	00:14:52	*01:28:05*	351m	42'21"/km
26.	128	00:05:08	*01:33:13*	310m	16'34"/km
27.	125	00:02:02	*01:35:15*	137m	14'51"/km
28.	147	00:14:46	*01:50:01*	250m	59'04"/km
29.	129	00:04:19	*01:54:20*	353m	12'14"/km
30.	154	00:05:14	*01:59:34*	242m	21'38"/km
31.	132	00:03:14	*02:02:48*	199m	16'15"/km
32.	148	00:02:39	*02:05:27*	225m	11'47"/km
33.	145	00:02:59	*02:08:26*	349m	8'33"/km
34.	146	00:01:49	*02:10:15*	189m	9'37"/km
35.	127	00:02:04	*02:12:19*	140m	14'46"/km
36.	999	00:01:23	*02:13:42*	196m	7'03"/km

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