

Régionale 9 parcours

Nomont 29.1.2023

CO Liège

Chantal GILLES

Hermathenae

Circuit : D:Noir moyen

Distance : 6100m (Dénivelé 170m)

Temps : 1:44:51 (17'11"/km)

11/13

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Aline HERMANS | 0:53:02 |
| 2. Louise MATTART | 1:02:47 |
| 3. Laure JAMSIN | 1:14:48 |

1.	113	00:04:54		374m	13'06"/km
2.	114	00:03:04	00:07:58	208m	14'45"/km
3.	118	00:03:58	00:11:56	306m	12'58"/km
4.	120	00:10:16	00:22:12	885m	11'36"/km
5.	124	00:07:34	00:29:46	326m	23'13"/km
6.	137	00:08:45	00:38:31	151m	57'57"/km
7.	122	00:04:52	00:43:23	427m	11'24"/km
8.	110	00:05:22	00:48:45	524m	10'15"/km
9.	140	00:07:20	00:56:05	502m	14'36"/km
10.	141	00:03:23	00:59:28	227m	14'54"/km
11.	142	00:03:23	01:02:51	293m	11'33"/km
12.	129	00:12:49	01:15:40	172m	74'31"/km
13.	144	00:07:18	01:22:58	350m	20'51"/km
14.	132	00:06:04	01:29:02	222m	27'20"/km
15.	154	00:03:13	01:32:15	199m	16'10"/km
16.	111	00:05:56	01:38:11	503m	11'48"/km
17.	127	00:04:48	01:42:59	255m	18'49"/km
18.	999	00:01:52	01:44:51	196m	9'31"/km

Orienteering Software