

Régionale 9 parcours

Nomont 29.1.2023

CO Liège

Fabienne TASSIN

LOST

Circuit : D:Noir moyen

Distance : 6100m (Dénivelé 170m)

Temps : 1:19:18 (13'00"/km)

5/13

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Aline HERMANS | 0:53:02 |
| 2. Louise MATTART | 1:02:47 |
| 3. Laure JAMSIN | 1:14:48 |

1.	113	00:04:21		374m	11'38"/km
2.	114	00:02:43	00:07:04	208m	13'04"/km
3.	118	00:03:38	00:10:42	306m	11'52"/km
4.	120	00:06:43	00:17:25	885m	7'35"/km
5.	124	00:04:03	00:21:28	326m	12'25"/km
6.	137	00:01:17	00:22:45	151m	8'30"/km
7.	122	00:04:58	00:27:43	427m	11'38"/km
8.	110	00:05:37	00:33:20	524m	10'43"/km
9.	140	00:07:31	00:40:51	502m	14'58"/km
10.	141	00:03:28	00:44:19	227m	15'16"/km
11.	142	00:04:03	00:48:22	293m	13'49"/km
12.	129	00:03:11	00:51:33	172m	18'30"/km
13.	144	00:06:12	00:57:45	350m	17'43"/km
14.	132	00:05:09	01:02:54	222m	23'12"/km
15.	154	00:03:30	01:06:24	199m	17'35"/km
16.	111	00:06:00	01:12:24	503m	11'56"/km
17.	127	00:05:23	01:17:47	255m	21'07"/km
18.	999	00:01:31	01:19:18	196m	7'44"/km

Orienteering Software