

Régionale 9 parcours

Nomont 29.1.2023

CO Liège

Laure JAMSIN

CO Liège

Circuit : D:Noir moyen

Distance : 6100m (Dénivelé 170m)

Temps : 1:14:48 (12'16"/km)

3/13

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------|---------|
| 1. Aline HERMANS | 0:53:02 |
| 2. Louise MATTART | 1:02:47 |

1.	113	00:03:52		374m	10'20"/km
2.	114	00:02:44	00:06:36	208m	13'08"/km
3.	118	00:03:38	00:10:14	306m	11'52"/km
4.	120	00:07:06	00:17:20	885m	8'01"/km
5.	124	00:03:47	00:21:07	326m	11'36"/km
6.	137	00:01:12	00:22:19	151m	7'57"/km
7.	122	00:04:29	00:26:48	427m	10'30"/km
8.	110	00:05:24	00:32:12	524m	10'18"/km
9.	140	00:05:39	00:37:51	502m	11'15"/km
10.	141	00:02:40	00:40:31	227m	11'45"/km
11.	142	00:03:31	00:44:02	293m	12'00"/km
12.	129	00:02:15	00:46:17	172m	13'05"/km
13.	144	00:05:24	00:51:41	350m	15'26"/km
14.	132	00:06:54	00:58:35	222m	31'05"/km
15.	154	00:03:49	01:02:24	199m	19'11"/km
16.	111	00:05:49	01:08:13	503m	11'34"/km
17.	127	00:04:42	01:12:55	255m	18'26"/km
18.	999	00:01:53	01:14:48	196m	9'37"/km

Orienteering Software