Régionale 9 parcours
Nomont 29.1.2023
CO Liège

Aline HERMANS
CO Liège
Circuit : D:Noir moyen
Distance : 6100m (Dénivelé 170m)
Temps : 0:53:02 (8'42"/km)

1/13 O.K.

Résultats complets sur Webres

2. Louise MATTART 1:02:47
3. Laure JAMSIN 1:14:48

1.	113	00:03:08		374m	8'23"/km
2.	114	00:01:51	*00:04:59*	208m	8'54"/km
3.	118	00:02:35	*00:07:34*	306m	8'27"/km
4.	120	00:05:25	*00:12:59*	885m	6'07"/km
5.	124	00:02:40	*00:15:39*	326m	8'11"/km
6.	137	00:00:50	*00:16:29*	151m	5'31"/km
7.	122	00:03:17	*00:19:46*	427m	7'41"/km
8.	110	00:03:43	*00:23:29*	524m	7'06"/km
9.	140	00:04:07	*00:27:36*	502m	8'12"/km
10.	141	00:02:00	*00:29:36*	227m	8'49"/km
11.	142	00:03:05	*00:32:41*	293m	10'31"/km
12.	129	00:02:03	*00:34:44*	172m	11'55"/km
13.	144	00:03:40	*00:38:24*	350m	10'29"/km
14.	132	00:04:03	*00:42:27*	222m	18'15"/km
15.	154	00:02:15	*00:44:42*	199m	11'18"/km
16.	111	00:04:03	*00:48:45*	503m	8'03"/km
17.	127	00:02:58	*00:51:43*	255m	11'38"/km
18.	999	00:01:19	*00:53:02*	196m	6'43"/km

Orienteering Software

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