

Jan FRYDENLUND

hamok

Omloop : H:02

Afstand : 7050m

Tijd : 1:12:25 (10'16"/km)

17/32

O.K.

[Volledige uitslagen op Webres](#)

1.	Dirk GOOSSENS	0:51:23
2.	Klaas MELLEBECK	0:51:55
3.	Roland VAN LOON	0:52:48

1.	81	00:02:01		128m	15'45"/km
2.	88	00:02:33	00:04:34	313m	8'09"/km
3.	93	00:02:22	00:06:56	286m	8'17"/km
4.	124	00:02:34	00:09:30	325m	7'54"/km
5.	117	00:05:32	00:15:02	700m	7'54"/km
6.	116	00:03:07	00:18:09	217m	14'22"/km
7.	106	00:03:51	00:22:00	461m	8'21"/km
8.	112	00:03:10	00:25:10	443m	7'09"/km
9.	111	00:03:17	00:28:27	368m	8'55"/km
10.	110	00:01:35	00:30:02	179m	8'51"/km
11.	108	00:07:38	00:37:40	517m	14'46"/km
12.	104	00:02:06	00:39:46	265m	7'55"/km
13.	101	00:06:03	00:45:49	526m	11'30"/km
14.	96	00:02:40	00:48:29	202m	13'12"/km
15.	126	00:09:40	00:58:09	607m	15'56"/km
16.	130	00:02:44	01:00:53	188m	14'32"/km
17.	132	00:01:43	01:02:36	200m	8'35"/km
18.	134	00:01:10	01:03:46	134m	8'42"/km
19.	133	00:01:15	01:05:01	126m	9'55"/km
20.	141	00:03:35	01:08:36	460m	7'47"/km
21.	149	00:02:11	01:10:47	178m	12'16"/km
22.	150	00:01:08	01:11:55	135m	8'24"/km
23.	999	00:00:30	01:12:25	93m	5'23"/km

Orienteering Software