



Ijzeren Paal

Lommel 22.1.2023

Omega

Johan CLAES

Borasca

Omloop : H:09

Afstand : 5440m

Tijd : 2:12:46 (24'24"/km)

8/16

O.K.

[Volledige uitslagen op Webres](#)

1. Gunther DEFERME	0:57:01
2. Jean-Marc GILLET	1:02:28
3. Thor WOLLES	1:04:17

1.	134	00:05:33		404m	13'44"/km
2.	136	00:06:39	00:12:12	432m	15'24"/km
3.	137	00:04:16	00:16:28	335m	12'44"/km
4.	120	00:01:58	00:18:26	132m	14'54"/km
5.	133	00:06:55	00:25:21	520m	13'18"/km
6.	126	00:05:24	00:30:45	291m	18'33"/km
7.	155	00:11:03	00:41:48	494m	22'22"/km
8.	131	00:08:28	00:50:16	423m	20'01"/km
9.	146	00:05:48	00:56:04	206m	28'09"/km
10.	145	00:02:05	00:58:09	139m	14'59"/km
11.	128	00:14:31	01:12:40	410m	35'24"/km
12.	160	00:05:16	01:17:56	314m	16'46"/km
13.	161	00:04:45	01:22:41	361m	13'09"/km
14.	162	00:10:01	01:32:42	484m	20'42"/km
15.	163	00:26:39	01:59:21	212m	125'42"/km
16.	170	00:12:37	02:11:58	175m	72'06"/km
17.	999	00:00:48	02:12:46	106m	7'33"/km

Orienteering Software