



Ijzeren Paal

Lommel 22.1.2023

Omega

Luc TALLOEN

Omega

Omloop : H:05

Afstand : 3630m

Tijd : 1:20:15 (22'06"/km)

16/18

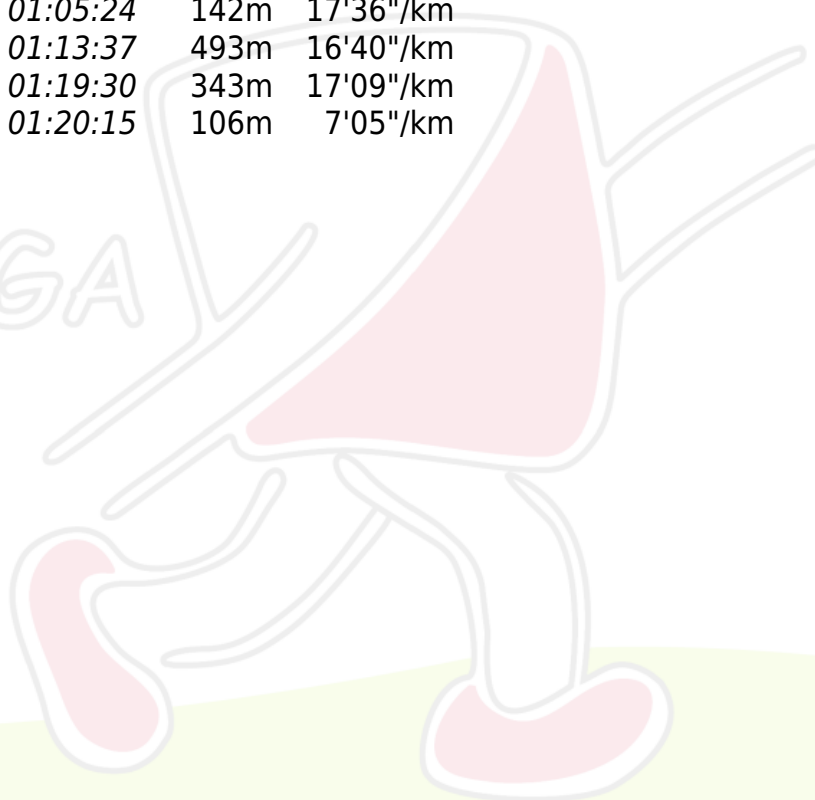
O.K.

[Volledige uitslagen op Webres](#)

1.	Rudy CANTRE	0:35:42
2.	Luc HEUNINCKX	0:39:38
3.	André PEETERS	0:48:24

1.	142	00:05:30		296m	18'35"/km
2.	160	00:18:14	00:23:44	975m	18'42"/km
3.	149	00:09:11	00:32:55	162m	56'41"/km
4.	128	00:10:20	00:43:15	274m	37'43"/km
5.	145	00:11:30	00:54:45	410m	28'03"/km
6.	150	00:05:30	01:00:15	272m	20'13"/km
7.	161	00:02:39	01:02:54	158m	16'46"/km
8.	131	00:02:30	01:05:24	142m	17'36"/km
9.	153	00:08:13	01:13:37	493m	16'40"/km
10.	170	00:05:53	01:19:30	343m	17'09"/km
11.	999	00:00:45	01:20:15	106m	7'05"/km

HELGA



Orienteering Software