



Ijzeren Paal
Lommel 22.1.2023
Omega

Frans VAN DE MOORTELE

Omega

Omloop : H:05

Afstand : 3630m

Tijd : 1:06:00 (18'11"/km)

12/18

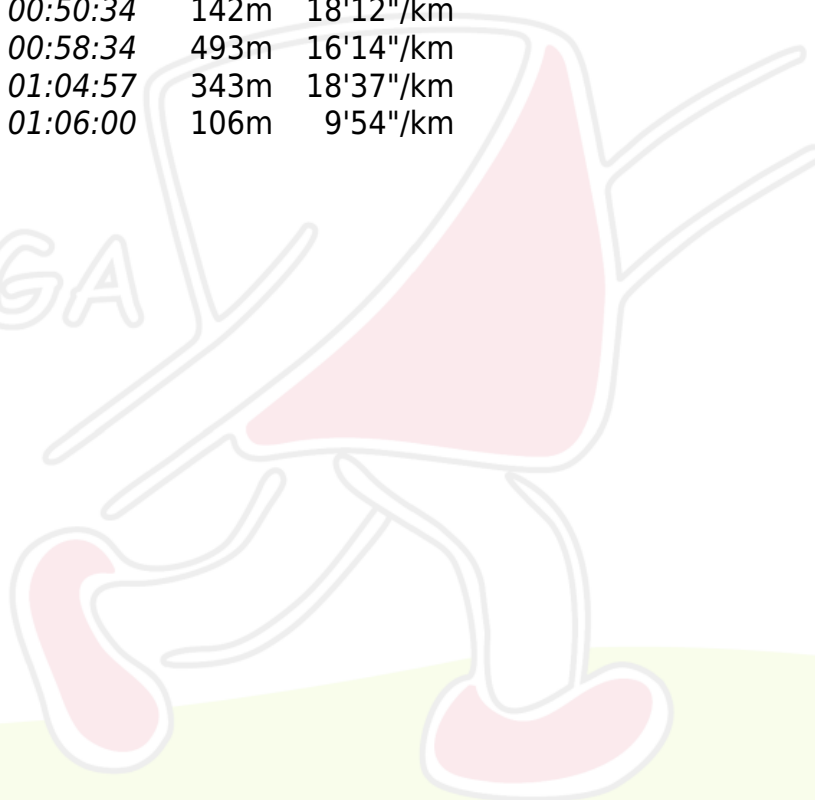
O.K.

[Volledige uitslagen op Webres](#)

1. Rudy CANTRE	0:35:42
2. Luc HEUNINCKX	0:39:38
3. André PEETERS	0:48:24

1.	142	00:05:58		296m	20'09"/km
2.	160	00:17:34	00:23:32	975m	18'01"/km
3.	149	00:02:55	00:26:27	162m	18'00"/km
4.	128	00:05:37	00:32:04	274m	20'30"/km
5.	145	00:08:37	00:40:41	410m	21'01"/km
6.	150	00:04:38	00:45:19	272m	17'02"/km
7.	161	00:02:40	00:47:59	158m	16'53"/km
8.	131	00:02:35	00:50:34	142m	18'12"/km
9.	153	00:08:00	00:58:34	493m	16'14"/km
10.	170	00:06:23	01:04:57	343m	18'37"/km
11.	999	00:01:03	01:06:00	106m	9'54"/km

HELGA



Orienteering Software