



Ijzeren Paal

Lommel 22.1.2023

Omega

Karel PEETERS

K.O.L.

Omloop : H:03

Afstand : 5540m

Tijd : 1:10:31 (12'44"/km)

20/26

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Guy TIREZ | 0:44:22 |
| 2. Bob DE CLEENE | 0:44:57 |
| 3. Guido TIMMERS | 0:46:22 |

1.	139	00:05:03		359m	14'04"/km
2.	140	00:04:03	00:09:06	310m	13'04"/km
3.	137	00:04:09	00:13:15	403m	10'18"/km
4.	120	00:01:10	00:14:25	132m	8'50"/km
5.	141	00:03:41	00:18:06	369m	9'59"/km
6.	142	00:04:40	00:22:46	377m	12'23"/km
7.	126	00:06:02	00:28:48	174m	34'40"/km
8.	143	00:11:22	00:40:10	1011m	11'15"/km
9.	123	00:05:34	00:45:44	342m	16'17"/km
10.	128	00:04:55	00:50:39	315m	15'37"/km
11.	145	00:05:16	00:55:55	410m	12'51"/km
12.	146	00:01:44	00:57:39	139m	12'28"/km
13.	131	00:02:35	01:00:14	206m	12'32"/km
14.	147	00:03:14	01:03:28	297m	10'53"/km
15.	170	00:06:18	01:09:46	594m	10'36"/km
16.	999	00:00:45	01:10:31	106m	7'05"/km

Orienteering Software