



Ijzeren Paal

Lommel 22.1.2023

Omega

Peter HOOGSTRATE

hamok

Omloop : H:02

Afstand : 7050m

Tijd : 1:28:19 (12'32"/km)

18/19

O.K.

[Volledige uitslagen op Webres](#)

1. Bart MELLEBEEK	0:52:17
2. Kim JANSEN	0:55:38
3. Wouter TALLOEN	0:57:14

1.	133	00:03:49		354m	10'47"/km
2.	134	00:07:58	00:11:47	275m	28'58"/km
3.	135	00:02:21	00:14:08	158m	14'52"/km
4.	136	00:03:53	00:18:01	346m	11'13"/km
5.	137	00:03:11	00:21:12	335m	9'30"/km
6.	120	00:01:18	00:22:30	132m	9'51"/km
7.	138	00:07:14	00:29:44	668m	10'50"/km
8.	127	00:05:43	00:35:27	326m	17'32"/km
9.	126	00:04:18	00:39:45	184m	23'22"/km
10.	125	00:13:33	00:53:18	1335m	10'09"/km
11.	124	00:02:45	00:56:03	238m	11'33"/km
12.	128	00:11:34	01:07:37	716m	16'09"/km
13.	129	00:05:02	01:12:39	476m	10'34"/km
14.	130	00:00:58	01:13:37	101m	9'34"/km
15.	131	00:03:34	01:17:11	300m	11'53"/km
16.	132	00:04:59	01:22:10	386m	12'55"/km
17.	170	00:05:35	01:27:45	610m	9'09"/km
18.	999	00:00:34	01:28:19	106m	5'21"/km

Orienteering Software