



Ijzeren Paal

Lommel 22.1.2023

Omega

Fred TOSSERAMS

TROL

Omloop : H:02

Afstand : 7050m

Tijd : 1:16:52 (10'54"/km)

15/19

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Bart MELLEBEEK | 0:52:17 |
| 2. Kim JANSEN | 0:55:38 |
| 3. Wouter TALLOEN | 0:57:14 |

1.	133	00:03:24		354m	9'36"/km
2.	134	00:03:38	00:07:02	275m	13'13"/km
3.	135	00:02:05	00:09:07	158m	13'11"/km
4.	136	00:03:18	00:12:25	346m	9'32"/km
5.	137	00:03:56	00:16:21	335m	11'44"/km
6.	120	00:01:07	00:17:28	132m	8'28"/km
7.	138	00:06:33	00:24:01	668m	9'48"/km
8.	127	00:04:14	00:28:15	326m	12'59"/km
9.	126	00:03:00	00:31:15	184m	16'18"/km
10.	125	00:13:32	00:44:47	1335m	10'08"/km
11.	124	00:02:28	00:47:15	238m	10'22"/km
12.	128	00:07:51	00:55:06	716m	10'58"/km
13.	129	00:06:11	01:01:17	476m	12'59"/km
14.	130	00:00:50	01:02:07	101m	8'15"/km
15.	131	00:03:13	01:05:20	300m	10'43"/km
16.	132	00:04:58	01:10:18	386m	12'52"/km
17.	170	00:05:51	01:16:09	610m	9'35"/km
18.	999	00:00:43	01:16:52	106m	6'46"/km

Orienteering Software