



Ijzeren Paal

Lommel 22.1.2023

Omega

Stefan THIELS

Omega

Omloop : H:02

Afstand : 7050m

Tijd : 1:02:30 (8'52"/km)

8/19

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Bart MELLEBEEK | 0:52:17 |
| 2. Kim JANSEN | 0:55:38 |
| 3. Wouter TALLOEN | 0:57:14 |

1.	133	00:02:29		354m	7'01"/km
2.	134	00:02:16	00:04:45	275m	8'15"/km
3.	135	00:01:58	00:06:43	158m	12'27"/km
4.	136	00:02:45	00:09:28	346m	7'57"/km
5.	137	00:02:13	00:11:41	335m	6'37"/km
6.	120	00:00:47	00:12:28	132m	5'56"/km
7.	138	00:05:14	00:17:42	668m	7'50"/km
8.	127	00:04:08	00:21:50	326m	12'41"/km
9.	126	00:03:56	00:25:46	184m	21'23"/km
10.	125	00:09:49	00:35:35	1335m	7'21"/km
11.	124	00:01:49	00:37:24	238m	7'38"/km
12.	128	00:08:53	00:46:17	716m	12'24"/km
13.	129	00:05:36	00:51:53	476m	11'46"/km
14.	130	00:00:38	00:52:31	101m	6'16"/km
15.	131	00:02:01	00:54:32	300m	6'43"/km
16.	132	00:03:24	00:57:56	386m	8'48"/km
17.	170	00:04:01	01:01:57	610m	6'35"/km
18.	999	00:00:33	01:02:30	106m	5'11"/km

Orienteering Software