



Ijzeren Paal

Lommel 22.1.2023

Omega

Coen CLAASSEN

hamok

Omloop : H:01

Afstand : 8940m

Tijd : 1:12:17 (8'05"/km)

9/12

O.K.

[Volledige uitslagen op Webres](#)

1. Nico CEUNEN	0:52:56
2. Simon KREKELS	0:55:36
3. Bert BOCKX	0:59:13

1.	134	00:05:23		404m	13'20"/km
2.	136	00:03:22	00:08:45	432m	7'48"/km
3.	137	00:01:50	00:10:35	335m	5'28"/km
4.	120	00:00:45	00:11:20	132m	5'41"/km
5.	141	00:02:12	00:13:32	369m	5'58"/km
6.	142	00:03:41	00:17:13	377m	9'46"/km
7.	126	00:02:07	00:19:20	174m	12'10"/km
8.	125	00:10:24	00:29:44	1335m	7'47"/km
9.	124	00:01:51	00:31:35	238m	7'46"/km
10.	123	00:03:42	00:35:17	401m	9'14"/km
11.	165	00:05:07	00:40:24	688m	7'26"/km
12.	122	00:04:00	00:44:24	602m	6'39"/km
13.	144	00:07:09	00:51:33	891m	8'01"/km
14.	161	00:05:07	00:56:40	590m	8'40"/km
15.	150	00:01:14	00:57:54	158m	7'48"/km
16.	121	00:01:17	00:59:11	197m	6'31"/km
17.	128	00:03:57	01:03:08	382m	10'20"/km
18.	155	00:02:03	01:05:11	241m	8'30"/km
19.	157	00:05:14	01:10:25	698m	7'30"/km
20.	170	00:01:28	01:11:53	190m	7'43"/km
21.	999	00:00:24	01:12:17	106m	3'46"/km

Orienteering Software