



Ijzeren Paal
Lommel 22.1.2023
Omega

Anita BAERTS

Borasca

Omloop : D:05

Afstand : 3630m

Tijd : 1:06:32 (18'20"/km)

3/6

O.K.

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|--------------------|---------|
| 1. Liset HENDRICKX | 0:59:07 |
| 2. Noore SELS | 1:06:20 |

1.	142	00:05:34		296m	18'48"/km
2.	160	00:17:44	00:23:18	975m	18'11"/km
3.	149	00:02:41	00:25:59	162m	16'34"/km
4.	128	00:05:12	00:31:11	274m	18'59"/km
5.	145	00:07:58	00:39:09	410m	19'26"/km
6.	150	00:04:48	00:43:57	272m	17'39"/km
7.	161	00:02:57	00:46:54	158m	18'40"/km
8.	131	00:02:47	00:49:41	142m	19'36"/km
9.	153	00:08:38	00:58:19	493m	17'31"/km
10.	170	00:06:51	01:05:10	343m	19'58"/km
11.	999	00:01:22	01:06:32	106m	12'54"/km

HELGA

Orienteering Software