



Ijzeren Paal

Lommel 22.1.2023

Omega

Greta MOLS

hamok

Omloop : D:03

Afstand : 5540m

Tijd : 1:47:30 (19'24"/km)

9/9

O.K.

[Volledige uitslagen op Webres](#)

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|----------------------|---------|
| 1. Marieke ADDIERS | 0:56:52 |
| 2. Marijs VANDEWEYER | 1:01:06 |
| 3. Hilde KROLS | 1:05:17 |

1.	139	00:09:12		359m	25'38"/km
2.	140	00:06:10	00:15:22	310m	19'54"/km
3.	137	00:05:15	00:20:37	403m	13'02"/km
4.	120	00:02:41	00:23:18	132m	20'20"/km
5.	141	00:04:28	00:27:46	369m	12'06"/km
6.	142	00:06:13	00:33:59	377m	16'29"/km
7.	126	00:04:20	00:38:19	174m	24'54"/km
8.	143	00:16:52	00:55:11	1011m	16'41"/km
9.	123	00:05:25	01:00:36	342m	15'50"/km
10.	128	00:06:43	01:07:19	315m	21'19"/km
11.	145	00:18:15	01:25:34	410m	44'31"/km
12.	146	00:02:14	01:27:48	139m	16'04"/km
13.	131	00:03:59	01:31:47	206m	19'20"/km
14.	147	00:03:46	01:35:33	297m	12'41"/km
15.	170	00:11:02	01:46:35	594m	18'34"/km
16.	999	00:00:55	01:47:30	106m	8'39"/km

Orienteering Software