



Ijzeren Paal

Lommel 22.1.2023

Omega

Anna SERRALLONGA

TROL

Omloop : D:02

Afstand : 7050m

Tijd : 0:52:14 (7'25"/km)

1/7

O.K.

[Volledige uitslagen op Webres](#)

2. Ems DE SMUL 0:58:58
3. Silke VAN ROOY 1:00:18

1.	133	00:02:23		354m	6'44"/km
2.	134	00:02:30	00:04:53	275m	9'05"/km
3.	135	00:01:45	00:06:38	158m	11'05"/km
4.	136	00:02:24	00:09:02	346m	6'56"/km
5.	137	00:01:59	00:11:01	335m	5'55"/km
6.	120	00:00:45	00:11:46	132m	5'41"/km
7.	138	00:04:26	00:16:12	668m	6'38"/km
8.	127	00:02:31	00:18:43	326m	7'43"/km
9.	126	00:01:54	00:20:37	184m	10'20"/km
10.	125	00:09:28	00:30:05	1335m	7'05"/km
11.	124	00:01:47	00:31:52	238m	7'30"/km
12.	128	00:05:38	00:37:30	716m	7'52"/km
13.	129	00:03:53	00:41:23	476m	8'09"/km
14.	130	00:00:38	00:42:01	101m	6'16"/km
15.	131	00:02:04	00:44:05	300m	6'53"/km
16.	132	00:03:50	00:47:55	386m	9'56"/km
17.	170	00:03:49	00:51:44	610m	6'15"/km
18.	999	00:00:30	00:52:14	106m	4'43"/km

Orienteering Software