



Ijzeren Paal

Lommel 22.1.2023

Omega

Nancy WENDERICKX

hamok

Omloop : D:01

Afstand : 8940m

Tijd : 1:24:18 (9'26"/km)

1/2

O.K.

[Volledige uitslagen op Webres](#)

2. Kim TIREZ

1:30:42

1.	134	00:09:11		404m	22'44"/km
2.	136	00:03:47	00:12:58	432m	8'45"/km
3.	137	00:02:31	00:15:29	335m	7'31"/km
4.	120	00:00:51	00:16:20	132m	6'26"/km
5.	141	00:02:39	00:18:59	369m	7'11"/km
6.	142	00:03:45	00:22:44	377m	9'57"/km
7.	126	00:02:36	00:25:20	174m	14'57"/km
8.	125	00:11:09	00:36:29	1335m	8'21"/km
9.	124	00:02:05	00:38:34	238m	8'45"/km
10.	123	00:04:14	00:42:48	401m	10'33"/km
11.	165	00:06:02	00:48:50	688m	8'46"/km
12.	122	00:04:47	00:53:37	602m	7'57"/km
13.	144	00:08:14	01:01:51	891m	9'14"/km
14.	161	00:05:04	01:06:55	590m	8'35"/km
15.	150	00:01:33	01:08:28	158m	9'49"/km
16.	121	00:01:53	01:10:21	197m	9'34"/km
17.	128	00:04:11	01:14:32	382m	10'57"/km
18.	155	00:02:23	01:16:55	241m	9'53"/km
19.	157	00:05:27	01:22:22	698m	7'48"/km
20.	170	00:01:22	01:23:44	190m	7'12"/km
21.	999	00:00:34	01:24:18	106m	5'21"/km

Orienteering Software