



NK Middle Distance Kootwijkerzand 22-01-23

Kootwijkerzand 22.1.2023

argus

Hans-Paul VELEMA

Own club so far

Course : H40

Distance : 5730m

Time : 1:27:50 (15'20"/km)

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O.K.

[Full result on Webres](#)

1. Ronald SOMERS	0:41:30
2. Garnt SWINKELS	0:43:52
3. Roelof POSTHOUWER	0:53:07

1.	77	00:01:35		90m	17'36"/km
2.	49	00:01:53	00:03:28		
3.	68	00:02:44	00:06:12	141m	19'23"/km
4.	40	00:04:34	00:10:46	413m	11'03"/km
5.	74	00:02:23	00:13:09	208m	11'28"/km
6.	44	00:02:59	00:16:08	158m	18'53"/km
7.	45	00:16:36	00:32:44	390m	42'34"/km
8.	59	00:02:11	00:34:55	316m	6'55"/km
9.	56	00:03:31	00:38:26	244m	14'25"/km
10.	79	00:01:00	00:39:26	114m	8'46"/km
11.	39	00:06:33	00:45:59	260m	25'12"/km
12.	58	00:00:54	00:46:53	89m	10'07"/km
13.	54	00:04:24	00:51:17	603m	7'18"/km
14.	67	00:02:27	00:53:44	231m	10'36"/km
15.	75	00:03:29	00:57:13	300m	11'37"/km
16.	60	00:02:25	00:59:38	231m	10'28"/km
17.	72	00:02:25	01:02:03	235m	10'17"/km
18.	69	00:05:51	01:07:54	387m	15'07"/km
19.	37	00:07:24	01:15:18	363m	20'23"/km
20.	71	00:02:51	01:18:09	234m	12'11"/km
21.	43	00:02:34	01:20:43		
22.	78	00:04:26	01:25:09	267m	16'36"/km
23.	66	00:01:47	01:26:56	281m	6'21"/km
24.	999	00:00:54	01:27:50	93m	9'41"/km

Orienteering Software